

Breastfeeding Resources – South Texas

South Texas Breastfeeding Resources –The South Texas area serves the Rio Grande to the Gulf Coast, a bit north of San Antonio to Brownsville.

Atascosa

La Leche League of Texas

Free, mother to mother, offers support and information for breastfeeding moms
3rd Wednesday of each month, 11:00 a.m.
Pleasanton Public Library
321 North Main Street
Pleasanton, Texas 78064
Rima, 210-286-1654

Private breastfeeding consultations

For-fee consultations
Gloria Gallegos
310 W. Oaklawn
Atascosa Health Center
Pleasanton, TX 78064
830-570-2007

Blanco/Spring Branch

La Leche League of Texas

Free, mother to mother, offers support and information for breastfeeding moms
Call for locations and times
Susan, 830-885-2870

Corpus Christi

La Leche League of Texas, Corpus Christi

Free, mother to mother, offers support and information for breastfeeding moms
3rd Thursday of each month, 10:00 a.m.
Parkway Presbyterian Church
3707 Santa Fe Street
Corpus Christi, Texas 78411
Dorothy, 991-2837

Basics of Breastfeeding

Call for dates and times
Corpus Christi Medical Center Bay Area
7101 South Padre Island Drive
Corpus Christi, Texas 78412
361-877-9469

La Leche League of Texas, Corpus Christi PM

Free, mother to mother, offers support and information for breastfeeding moms
1st Tuesday of each month
Call for locations and times
Dorothy, 361-991-1885

Basics of Breastfeeding

1st and 3rd Tuesday of each month, 6:00 to 7:15 p.m.
Free for patients, \$25 for non-patients
Christus Spohn Hospital South Location
5950 Saratoga Blvd
Corpus Christi, Texas 78414
800-247-6574

Children's Connections, Inc.

800.456.4862 ▪ Fax 806.745.7350 ▪ childrensconnections.org

Edinburg

La Leche League of Texas

Free, mother to mother, offers support and information for breastfeeding moms
1st Wednesday of each month, 9:30 a.m. to 11:30 a.m.
Edinburg Children's Hospital
1102 W. Trenton Road
Edinburg, Texas 78539
Jessica, 956-534-7880

Baby Café support group

Free, Walk-in, Lactation Consultant on site
Mondays 9:00 to 12 noon
Tuesdays, 1:30 to 4:30 p.m.
Women's Hospital Renaissance
5502 South McColl Road
Edinburg, Texas 78539
Sandra, 956-907-4943

Kerrville

La Leche League of Texas

Free, mother to mother, offers support and information for breastfeeding moms
3rd Tuesday of each month, 6:30 p.m.
Call for locations and times
Shamaar, 830-895-7504

Kyle/San Marcos

La Leche League of Texas

Free, mother to mother, offers support and information for breastfeeding moms
4th Thursday of each month, 10:00 a.m.
Promiseland Church
1650 Lime Kiln Road
San Marcos, Texas 78666
Vera, 512-757-7028

Basics of Breastfeeding

Free for patients, otherwise \$20
Tuesdays, once every six weeks, 7:00 to 9:00 p.m.
Central Texas Medical Center
1301 Wonder Drive
San Marcos, Texas 78666
512-753-3818

McAllen

La Leche League of Texas

Free, mother to mother, offers support and information for breastfeeding moms
3rd Tuesday of each month, 7:00 p.m.
Our Savior Lutheran Church
1105 Fern Street
McAllen, Texas 78501
Jessica, 956-534-7880

Breastfeeding Basics and Beyond

Free, once per month, call for dates
Saturdays, 2:00 to 4:00 p.m.
Rio Grande Regional Hospital
101 East Ridge Road
McAllen, Texas 78503
956-661-3386

Rio Grande

La Leche League of Texas

Free, mother to mother, offers support and information for breastfeeding moms
3rd Thursday of each month, 11:30 a.m. to 1:00 p.m.
South Texas College
142 N. FM 3167
Rio Grande City, Texas 78582
Anna, 956-487-8458

Community Breastfeeding Resource

Call for assistance/questions
Driscoll Children's Hospital
Mom's Place
3533 S. Alameda Street
Corpus Christi, Texas 78411
Lori, 361-694-5338

San Antonio

Baby Café support group

Free, Walk-in, Lactation Consultant on site
City of San Antonio
4538 Centerview Drive
San Antonio, Texas 78228
210-207-4650

La Leche League of Texas Central

Free, mother to mother, offers support and information for breastfeeding moms
2nd Monday of each month, 7:00 p.m.
HEB Central Market
4821 Broadway Street
San Antonio, Texas 78209
Tina, 210-888-2149

La Leche League of Texas Northeast

Free, mother to mother, offers support and information for breastfeeding moms
Wednesdays, 10:00 a.m., call for dates
Brighton Center
14207 Higgins Road
San Antonio, Texas 78217
Stephanie, 210-849-8827

La Leche League of Texas Northwest

Free, mother to mother, offers support and information for breastfeeding moms
3rd Friday of each month, 10:30 a.m.
Hope Lutheran Church
5714 Callaghan Road
San Antonio, Texas 78228
Holly, 210-685-7745

La Leche League of Texas, San Antonio Toddler

Free, mother to mother, offers support and information for breastfeeding moms
1st Friday of each month, 10:00 a.m.
St. Helena Catholic Church
14714 Edgemont Drive
San Antonio, Texas 78247
Jessica, 207-610-4343

Breastfeeding Bootcamp

Free, once per month, Wednesday
Call for dates and times
University Health System
4502 Medical Drive
San Antonio, Texas 78229
210-358-1284

Basics of Breastfeeding

Call for dates, times, and prices
Baptist Medical Center
111 Dallas Street
San Antonio, Texas 78205
210-297-7005

Basics of Breastfeeding

Call for dates, times, and prices
Baptist Medical Center
7930 Floyd Curl Drive
San Antonio, Texas 78229
210-297-7005

Basics of Breastfeeding

Call for dates, times, and prices
Baptist Medical Center
520 Madison Oak Drive
San Antonio, Texas 78258
210-297-7005

Breastfeeding Your Baby

Call for dates, times, and prices
Metropolitan Methodist Hospital
1310 McCullough Avenue
San Antonio, Texas 78212
800-333-7333

Breastfeeding Your Baby

Call for dates, times, and prices
Metropolitan Methodist Hospital
Women's Center
8109 Fredericksburg Road
San Antonio, Texas 78229
800-333-7333

Breastfeeding Basics

Once per month on Thursdays, 6:00 to 9:00 p.m.
\$25 for patients, or \$50
Christus Santa Rosa, Westover Hills Hospital
11212 State Hwy. 151
San Antonio, Texas 78251
877-250-3627

Weslaco

La Leche League of Texas

Free, mother to mother, offers support and information for breastfeeding moms
2nd Friday of each month, 10:00 AM
Holy Family Services
5819 FM 88
Weslaco, Texas 78596
Jessica, 956-534-7880

Breastfeeding Basics

Call for dates, times, and prices
Knapp Medical Center
1401 E. Eighth St.
Weslaco, Texas 78596
956-969-5484

Miscellaneous

Free Phone Support

Bilingual Lactation Consultant
University Health System
210-358-1284

Lactation Consultant List by City/ZipCode

International Lactation Consultant Association

<http://www.ilca.org/i4a/pages/index.cfm?pageid=3337>